



Runspire Nottingham Code of Conduct

1. Introduction

Runspire Nottingham is committed to providing a safe, respectful, and inclusive environment for all its members. This Code of Conduct outlines the principles and expectations for behaviour within our club. By participating in any club activities, members agree to adhere to this Code of Conduct.

2. Respect and Inclusivity

- a) **Respect:** Treat all members, volunteers, and officials with respect and dignity, regardless of their background, age, gender, race, religion, sexual orientation, or ability.
- b) **Inclusivity:** Runspire Nottingham welcomes individuals from all walks of life. Discrimination, harassment, or any form of bullying will not be tolerated.
- c) **Language and Behaviour:** Use language and behaviour that is inclusive, respectful, and considerate. Avoid any form of offensive or inappropriate language or conduct.

3. Safety

- a) **Safety First:** Prioritise the safety of yourself and others during all club activities.
- b) **Awareness:** Be aware of your surroundings and potential hazards during runs, walks, or events. Communicate any safety concerns to club officials promptly.
- c) **Medical Conditions:** Inform club officials of any medical conditions or injuries that may affect your participation. Respect the decisions of individuals regarding their own health and safety.

4. Sportsmanship

- a) **Fair Play:** Always display good sportsmanship. Respect the rules and regulations of races and events, as well as the efforts of fellow participants.
- b) **Support:** Encourage and support fellow members, regardless of their skill level or pace. Celebrate individual achievements and milestones within the club.
- c) **Conflict Resolution:** Address conflicts or disputes in a constructive and respectful manner. Seek assistance from club officials if needed to resolve any issues peacefully.



5. Representation

- a) **Positive Representation:** Represent Runspire Nottingham positively in the community and at external events. Uphold the reputation of the club through your actions and behaviour.
- b) **Social Media:** Exercise discretion and professionalism when posting on social media platforms. Avoid sharing content that may reflect negatively on the club or its members.
- c) **Uniform:** Wear club attire or insignia proudly during club activities and events, where appropriate.

6. Compliance

- a) **Adherence to Policies:** Familiarise yourself with and adhere to all club policies, including this Code of Conduct, as well as any rules or guidelines set forth by relevant governing bodies.
- b) **Consequences:** Violations of this Code of Conduct may result in disciplinary action, up to and including suspension or expulsion from the club, as determined by club officials.
- c) **By participating in Runspire Nottingham activities, you acknowledge your commitment to upholding the principles outlined in this Code of Conduct.**

Reviewed 22/06/2024 To be reviewed 22/06/2025